

We are providing Desi ghee from Desi cow Rathu Cow . We are getting it From Organic Company.

Ghee From Cows grazing on Hills are also available on Demand.

Here, ghee means cow ghee. Ghee is also referred to as clarified butter in USA.

Effect on Tridosha –

Ghee calms Pitta and Vata. Hence, it is ideal for people with Vata-Pitta body type and for those suffering from Vata and Pitta imbalance disorders.

Effect of ghee on digestion strength: Pitta and fire are inter-related. Usually, the substances that balance Pitta, also cause depletion of digestion fire. But ghee is an exception. It balances Pitta Dosha but it increases digestion strength.

However, it does not help in Ama (altered digestion and metabolism condition). In a normal person, if digestion strength is a bit low, then ghee is useful in improving his digestive capacity. Ghee is quite similar to milk in qualities, but unlike milk, ghee improves digestion. (Bhava Prakasha)

It is one of the essential dietary ingredients for those debilitated due to treatments.

It helps improve digestion power. ([Ashtanga Hrudaya Su. 9/27](#))

It nourishes body tissues, suitable for people of all ages.

It strengthens sense organs, immunity,

It improves tone and strength of the voice.

It begets longevity. ([Ashtanga Hrudaya Sutrasthana 10/22](#))

It is useful for those taking alcohol regularly, for women, who do regular exercise, for old and for young.

Cow ghee promotes memory, intellect, power of digestion, semen, Ojas, Kapha and fat.

It alleviates Vata, Pitta

Visha – toxic conditions

Unmada – insanity,

Shosha – emaciation

Alakshmi-hara – it is auspicious.

It is the best of all the unctuous substances.

Cold in potency and sweet both in taste as well as Vipaka.

When administered according to the prescribed procedure, it increases, thousand times in potency and develops manifold utilities.