

Organic Rosehip Tea Powder

Organic Rosehip Herbal Tea provides large amounts of Vitamin C, along with a rich natural source of nutrients and minerals including vitamins A,B,C, E & F, essential fatty acids and antioxidants. This product is grown in Chile, which is one of the few remaining unpolluted regions on earth.

Benefits: Helps to cleanse the kidneys, gallbladder and intestinal tract. It is rich in fibre to assist in the lubrication of the colon, acts as a diuretic and helps to build the body's immune system.

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Recipe

- 1-2 teaspoons in hot water
- Add 1 teaspoon manuka honey
- Add 1 tablespoon crushed ginger
- Add 1 squeeze of lemon

Relaxes your body, increases circulation and protects you against flu!







