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Organic Magnesium Detox & Relaxing Gel

Organic Rosehip Skincare's unique formulation - Magnesium Detox and Relaxing Gel can be used to treat a wide range of health problems such as tired and sore muscles, sleeplessness, stress and aids in detoxification. Containing key certified organic ingredients such as magnesium chloride, aloe vera, french clay and vitamin D. It is truly a unique product and the only of its kind in the world.

The form of magnesium that is in the gel is magnesium chloride. This is a vital ingredient and has been scientifically shown to be easily assimilated and metabolized in the body vs other transdermal magnesium products. Magnesium deficiency is the most common, with 68% of people being deficient. It is used primarily to relax the muscles and reduce muscle cramps and spasms.

What is also noted in research is magnesium chloride can be successfully used transdermally to reduce menstrual cramps and hot flushes in menopausal women. In the treatment of hot flushes it has a cooling effect on the body and helps to replenish the electrolytes that have been lost during sweating.

Magnesium also assists in sleep and mood regulation. It has a calming effect on the body and is commonly know as 'Natures Tranquilizer'. If you are stressed and anxious, it is a great way to help calm the mind and ease the tension physically, mentally and emotionally.

The other important key ingredient in the magnesium gel is the addition of the organic French clay. This clay contains an abundance of vitamins and minerals which include Silica, Magnesium, Calcium, Iron, Potassium, Cobalt, Manganese, Zinc, Selenium, Copper, Phosphorous, & Sodium. It also possesses analgesic properties effective in relieving muscular or joint pains by decongesting the affected area. In addition, it has a deep cleansing action, removes dead skin cells, absorbs and detoxifies impurities, excess sebum & oils to keep the skin smooth, fresh & radiant.

Directions: Use daily after showering, by gently massaging all over the body. It can be used several times throughout the day for areas that are in need. **Option:** Take your own bottle to your massage therapist.



Size - 140ml & 500ml

- Relieves Stress
- Reduces muscle fatigue and cramps
- Increases skin elasticity and vibrancy
- Assist in having a better night sleep
- Reduces menstrual pain
- Reduces hot flushes in menopause
- High in Vitamin D

Ingredients: Organic magnesium deep seawater; organic rosewater; organic aloe vera; organic pawpaw extract; organic rosehip oil; organic French clay; organic niaouli; organic lavender; organic geranium; vegetable glycerine; xanthan gum.

NOTE – CONTAINS ALL CERTIFIED ORGANIC NATURAL INGREDIENTS, THIS INCLUDES USE OF ORGANIC CHEMICAL-FREE PRESERVATIVES